

# April 27-April 30 AM Session

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	Put shaving cream or whipped cream on a tray and help your child write letters or shapes. *See Seesaw sugar letter tracing	Look at a book together and have your child pat or point to pictures. Kissing Hand Read aloud: <a href="https://storylineonline.net/books?p=1039">https://storylineonline.net/books?p=1039</a>	Do rainbow name writing practice or have your child trace their name with a finger or crayon.	Draw a person. You can do this with your child hand-over-hand and label the parts aloud as you draw.
Communication	Practice labeling a favorite object. Ask, "Where is your ___?" and help your child point to it or pat it.	Have your child practice saying "yes" or "no". Show them a familiar item or person and ask them, "Is this ___" and then you can answer "yes" or "no" verbally and by nodding or shaking head.	Have your child request a snack by pointing. Offer two choices and ask which one your child would like. Say, "You chose ___ as your snack."	Sing "If You Are Happy and You Know It" with your child. You can give your child help or you can see if he/she will do the clapping, stomping, or shouting hooray motions independently. *Access the song on Seesaw: <a href="https://app.seesaw.me/#/login">https://app.seesaw.me/#/login</a>
Math	Count objects up to 5. Then ask, "how many?" and count again.	Show child page of circles. Help them point to the big circles and little circles. *Seesaw Account: Comparing size of shape activity (assigned to go out 4/28/2020 at 8am)	Count while jumping to 4. Repeat.	Talk about big and small. Help your child spread their arms wide and say "big" and then help your child bring their arms in to make his/her body small.
Sensory	See reading and writing activity.	Put a little rice or oatmeal or flour in a bowl and let your child stir it with a spoon or scoop with a cup.	Freeze an object (small toy, fake jewelry) in a cup of water and let your child pour warm water on it to melt it.	Collect some objects from outside to let your child play with in a bowl- leaves, sticks, flower petals, etc.
Fine Motor/Craft	Have your child take stickers off of a sticker sheet and put them onto paper. If your child needs you to help start peeling the sticker, that's fine!	Craft: Seesaw account for visual directions- umbrella	String beads/cereal. If your child is unable to put the bead onto the string, then have them push the bead along the string to meet the other beads.	Use some kind of tongs (BBQ tongs work great), have your student pick up items with tongs *Seesaw Account for visual directions with an ice cube tray
Gross Motor	Have your child waddle like a duck and flutter like a butterfly. (See video in Seesaw)	Practice bear crawls. (See video in Seesaw)	Blow bubbles together and chase them to pop them.	If you have access to stairs, count while climbing up and down. If you don't have stairs, then count while taking steps.
Social Skills/ Behavior	Take turns rolling a car across the floor. Label the turn aloud, "My turn...your turn..."	Practice taking 3 deep breaths. Then when your child is upset, you can remind them to take a deep breath. *Seesaw: Calm Down Choices visual	Practice eye contact or directing attention to an object. Give cues like "Look at me...look at the ball...look at your foot." Give cues by patting where you want your child to look and smile and praise when your child looks at the correct object.	Use Freeze Dance on Super Simple Songs or practice GO and STOP while running/walking or dancing.  <a href="https://www.youtube.com/watch?v=2UcZWXvgMZE">https://www.youtube.com/watch?v=2UcZWXvgMZE</a>

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Self Help Skills	Have your child try to put on his/her own coat or hoodie. Put the hood on your child's head and see if they will reach around to put sleeves on independently.	Help your child wipe the counter or table after the meal.	Have your child get their shoes before going outside.	Have your child help put away clothes in drawers.
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